



Rock Point Church

Bill Bush | 5.24.26

## Psalm 1

- <sup>1</sup> Oh, the joys of those who do not  
follow the advice of the wicked,  
or stand around with sinners,  
or join in with mockers.
- <sup>2</sup> But they delight in the law of the LORD,  
meditating on it day and night.
- <sup>3</sup> They are like trees planted along the riverbank,  
bearing fruit each season.  
Their leaves never wither,  
and they prosper in all they do.
- <sup>4</sup> But not the wicked!  
They are like worthless chaff, scattered by the wind.
- <sup>5</sup> They will be condemned at the time of judgment.  
Sinners will have no place among the godly.
- <sup>6</sup> For the LORD watches over the path of the godly,  
but the path of the wicked leads to destruction.

**Big Idea: Worship is the playlist for our battles and breakthroughs.**

## 2 Chronicles 20:1-4

<sup>1</sup> After this, the armies of the Moabites, Ammonites, and some of the Meunites declared war on Jehoshaphat. <sup>2</sup> Messengers came and told Jehoshaphat, “A vast army from Edom is marching against you from beyond the Dead Sea. They are already at Hazazon-tamar.” (This was another name for En-gedi.)

<sup>3</sup> Jehoshaphat was terrified by this news and begged the LORD for guidance. He also ordered everyone in Judah to begin fasting. <sup>4</sup> So people from all the towns of Judah came to Jerusalem to seek the LORD’s help.

- **Worship Resets What Fear Replays**

“We become what we behold.” - C.S. Lewis

- **Worship Reminds Us Where Refuge is Found**

## 2 Chronicles 20:19-22

<sup>19</sup> Then the Levites from the clans of Kohath and Korah stood to praise the LORD, the God of Israel, with a very loud shout.

<sup>20</sup> Early the next morning the army of Judah went out into the wilderness of Tekoa. On the way Jehoshaphat stopped and said, “Listen to me, all you people of Judah and Jerusalem! Believe in the LORD your God, and you will be able to stand firm. Believe in his prophets, and you will succeed.”

<sup>21</sup> After consulting the people, the king appointed singers to walk ahead of the army, singing to the LORD and praising him for his holy splendor. This is what they sang:

“Give thanks to the LORD;  
his faithful love endures forever!”

<sup>22</sup> At the very moment they began to sing and give praise, the LORD caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves.

## **2 Chronicles 20:27-30**

<sup>27</sup> Then all the men returned to Jerusalem, with Jehoshaphat leading them, overjoyed that the LORD had given them victory over their enemies. <sup>28</sup> They marched into Jerusalem to the music of harps, lyres, and trumpets, and they proceeded to the Temple of the LORD.

<sup>29</sup> When all the surrounding kingdoms heard that the LORD himself had fought against the enemies of Israel, the fear of God came over them. <sup>30</sup> So Jehoshaphat’s kingdom was at peace, for his God had given him rest on every side.

### GROUPS QUESTIONS:

1. What stood out to you most in this week’s message, and why?
2. What are some of the most common things you see people in our culture run to for comfort or rescue when life gets heavy ?
3. Read Psalm 1:1–2. How have you seen small, repetitive choices slowly shape a person's identity over time? If our souls are "disciplined" by whatever we consume most, what are the biggest obstacles that keep us from delighting in God's Word more than social media or the news?
4. Why do you think it is so tempting to look for "freedom without surrender" or "salvation without a King" in our daily lives?

5. Read Psalm 2:1 –3. How would you describe the difference between simply breaking a rule and actively resisting God's authority over a specific area of your life?

6. When you consider that "anything you worship besides God eventually leaves you unstable," what is one thing you have relied on for rescue that ultimately failed to steady you?

7. Read Psalm 2:10 –12. What does it look like practically to run to Jesus for refuge rather than just performing spiritually to impress Him?

8. If you truly lived this week with the belief that "worship is the response of rescued people," how would that change the way you approach your time, your talents, and your trials?